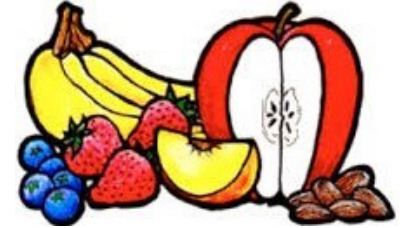
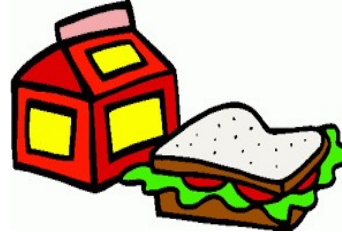


Tips to Stay Calm and Healthy during Coronavirus



Resources may be changing daily

Here are some resources to help you, your family and neighbors. Call locations before visiting. Everyone has something important to contribute to take care of our community.



School Lunch & Food Pantry Resources

ANY child attending any school- CPS, Charter, Private, Catholic or others can pickup meals at any school location:

CARDENAS	2345 S Millard Ave	773-534-1465
CORKERY	2510 S Kildare Ave	773-534-1650
GARY	3740 W 31st St	773-534-1455
HAMMOND	2819 W 21st Pl	773-535-4580
KANOON	2233 S Kedzie Ave	773-534-1736
LITTLE VILLAGE	2620 S Lawndale Ave	773-534-1880
MADERO	3202 W 28th St	773-535-4466
MCCORMICK	2712 S Sawyer Ave	773-535-7252
ORTIZ DE DOMINGUEZ	3000 S Lawndale Ave	773-534-1600
SAUCEDO	2850 W 24th Blvd	773-534-1770
SPRY ES & HS	2400 S Marshall Blvd	773-534-1700
TELPOCHCALLI	2832 W 24th Blvd	773-534-1402
WHITNEY	2815 S Komensky Ave	773-534-1560
ZAPATA	2728 S Kostner Ave	773-534-1390
FARRAGUT HS	2345 S Christiana Ave	773-534-1300
LV LAWDALE HS	3120 S Kostner Ave	773-535-4200

This is a list of food pantries in Little Village. It is important to call first before going in person.

Amor de Dios: 2356 S. Sawyer Ave., 773-972-3143; Thursdays, 3pm-7pm

Salvation Army: 3621 W. 24th St., 773-257-0700; Wednesdays, 10am-12pm

Harmony Community Church: 1908 S. Millard, 872-2LOVE32, Wed., 11am-1pm

New Life Community Church: 2657 S Lawndale Ave., 773-762-0270; Delivery only

Our Lady of Tepeyac: 3047 W. Cermak Rd., 773-521-8400 x114; Fridays, 12pm-2pm

Proyecto de Educación Comunitaria Telpochcalli (Tcep): 708-642-8108

How to Stay Healthy



If you or your child has a temperature of 103°F/39.4°C or higher that will not go down with Motrin or Tylenol, if you can not stop coughing, or if you are short of breath, go to one of these Emergency Rooms:

Rush University Medical Center
1620 W. Harrison St. (888) 352-RUSH (7874)

John H. Stroger Hospital of Cook County
1969 W. Ogden Avenue (312) 864-6000

University of Illinois Hospital
1740 W Taylor Street (866) 600-2273

All emergency rooms must take care of all patients



wash your hands

wash them often with soap and water.

don't touch your face

this is the easiest way for the virus to get into your body.

keep sanitizer close

Keep sanitizer in your jacket and car; use it when there is no soap and water.

laugh

laughing can help boost your immune system.

stay home

everywhere you go, stay six feet away from anyone you do not live with, including on the street, outside or inside any store pharmacy or bank; stay home for a full 24 hours after your fever.

exercise daily

it boosts your resistance and speeds recovery from illness.

eat right

eat fruit and vegetables daily to keep up your resistance.

Please Join Us



Mi Villita

(312) 772-5284

mi.villita.org@gmail.com

[facebook.com/mi.villita.90](https://www.facebook.com/mi.villita.90)

2856 S. Millard Ave.

Chicago, IL (basement)



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La Villita**

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Solidarity Network**

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