

# Boone County Healthy Work Initiative

## Resource Guide

The Boone County Work, Mental Health, and Substance Use research study aims to understand the ways in which Boone County residents’ experiences with work may impact their mental health and substance use. We understand that talking about work, mental health, and substance use, especially during the COVID-19 pandemic, can be stressful. We have created this guide to connect people who need resources related to mental health, substance use, and employment to resources in and around Boone County, Illinois.

For a more comprehensive list of local resources, please visit the Boone County Health Department resource page [insert link]. For additional information and resources for workers in Illinois, including specific information related to employment and COVID-19, please visit the University of Illinois at Chicago Center for Healthy Work website [insert link] and Illinois Worker Resource Guide [insert link].

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## Emergency Hotlines

The following hotlines are open 24/7 every day of the year.

### National Hotlines

#### **Suicide Prevention Lifeline**

Call 1-800-273-8255

#### **Substance Abuse and Mental Health Services National Helpline**

Call 1-800-662-HELP (4357)

#### **Human Trafficking Hotline**

Call 1-888-373-7888

Text "HELP" or "INFO" to 233733

#### **Domestic Violence Hotline**

Call 1-800-799-SAFE (7233)

#### **Dating Violence Hotline**

Call 1-866-331-9474

#### **Sexual Abuse: Rape, Abuse, and Incest National Network (RAINN)**

Call 1-800-656-4673

#### **Gambling Anonymous (GA)**

Call 1-800-522-4700

#### **Trevor Lifeline - Crisis lifeline for LGBTQ youth**

Call 1-866-488-7386

### State and Local Hotlines

#### **Violence Hotline**

Call 815-516-2440

#### **Alcoholics Anonymous (AA) District 70**

Call 815-968-0333

#### **Illinois Workplace Rights Hotline**

1-844-740-5076

#### **FOOD, CASH, OR MEDICAL BENEFITS**

Call (1-833-2-FIND-HELP)

Or Text "HELP" to 833234

## Summary of Local COVID-19 Testing Sites

As testing availability increases in our region, the Boone County Health Department wants to make

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you aware of the following:

### **According to the Illinois Department of Public Health:**

Anyone with COVID-19-like illness or symptoms can get a test, even without a doctor's order. As testing expands, testing is now available for anyone **with OR without symptoms**

Local testing sites, locations and other information are listed below:

**Site hosted by:** National Guard and Winnebago County at the UIC Health Science Campus - Rockford

**Price for testing:** Free and Insurance not required (patient encouraged to bring insurance card if they have one)

**For whom:** Symptomatic individuals

**When:** 7 days a week from 8:00 a.m. – 4:00 p.m. or until daily supplies run out

**Location:** 1321 Sandy Hollow Rd., Rockford, IL 61109 **Type of test:** Nasopharyngeal Swab (collected from back of nose & throat)

**Other Information:** Drive-thru testing (must remain in vehicle at an operating window); no appointment needed

**Sites hosted by:** Physicians Immediate Care

**Price for testing:** Insurance accepted, otherwise pay out of pocket

**For whom:** Any individual with COVID-19 symptoms **OR** if healthcare worker, first responder, or exposed patient will test with or without symptoms

**When:** See multiple times on the next page

**Location:** See multiple area locations on the next page

**Type of test:** Abbott rapid test (results available on site and NOT available to general public) or Quest (specimen sent to IL Quest lab and results are available as soon as lab provides results, typically 2-3 days)

**Other Information:** Patient must have a physical examination using the Curbside Care program prior to being eligible

- 1663 Belvidere Rd., Belvidere IL 61008; Mon-Fri 8:00 a.m. – 4:30 p.m.
- 1000 E. Riverside Blvd., Loves Park, IL 61111; Mon-Fri 8:00 a.m. – 4:30 p.m.
- 11475 N. 2<sup>nd</sup> St., Machesney Park, IL 61115; Mon-Fri 8:00 a.m. – 4:30 p.m.
- 6595 E. State St., Rockford, IL 61108; Mon-Fri 8:00 a.m. – 4:30 p.m.
- 3475 S. Alpine Rd., Rockford, IL 61109; Mon-Fri 8:00 a.m. – 6:00 p.m.; Sat-Sun 8:00 a.m. – 2:00 p.m.

## Mental Health and Substance Use Resources & Services

There are a variety of services and resources available to Boone County residents who are seeking mental health and substance use treatment and other supports. Please note that this is not a

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comprehensive list of all services that may be available in and in close proximity to Boone County, Illinois.

### In-Patient & Out-Patient Services

#### **Boone County Comprehensive Opioid Abuse Reduction (COAR) Program**

**Phone:** Laurie Graciana 815-547-8418 - lgraciana@boonehealth.org

**Address:** 1204 Logan Ave., Belvidere, IL 61008

**Services:** Complete substance abuse screenings & referrals. The COAR Program works to identify and connect individuals and their families to substance abuse services, provides transportation to treatment services when needed, and develops and implements inclusive plans to enhance treatment and recovery.

#### **Crusader Clinic**

**Address:** 1050 Logan Ave., Belvidere, IL

**Phone:** 815-547-0282

**Services:** Outpatient mental health and primary care services for adults and children.

#### **Remedies**

**Address:** 1908 Pierce Ct., Belvidere, IL

**Phone:** 815-547-4502

**Services:** Outpatient adult mental health, substance abuse, and gambling treatment. Also provides support to victims of domestic violence.

#### **Rosecrance\***

**Address:** 915 Alexandria Dr., Belvidere, IL

**Phone:** 844-711-5106

**Services:** Outpatient adult mental health and substance abuse treatment services.

\*There are several Rosecrance locations in the Rockford Region that offer other services

### Residential Services & Sober Living

#### **Clean House**

**Address:** 1801 Charles St. Rockford, IL

**Phone:** 815-708-0410

**Services:** Independent sober living provided at multiple recovery home residences in Rockford, Illinois. Approximate weekly rent is \$125.

#### **Rockford Rescue Mission**

**Address:** 715 W. State St., Rockford, IL 815-965-5332

**Services:** Residential temporary living for the homeless. Faith-based residential living program provides comprehensive services including substance abuse treatment, counseling, and employment resources.

#### **Rockford Salvation Army Rehabilitation**

**Address:** 1706 18<sup>th</sup> Ave., Rockford, IL

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**Phone:** 815-397-0440

**Services:** Residential living and substance abuse treatment program combined with 12 step and faith-based recovery. On-site daily job work program.

### Other Resources & Services

#### **AI Tech Services Inc.**

**Address:** 2233 Charles St. #G, Rockford, IL

**Phone:** 815-397-3606

**Services:** DUI classes for individuals who need to get driver license reinstated.

#### **Alcoholics Anonymous (AA) District 70**

**Phone:** 815-968-0333 (24 hours)

**Website:** [www.district70aa.org](http://www.district70aa.org)

**Services:** Free group meetings to support individuals seeking sobriety.

#### **Jubilee Center**

**Address:** 412 N Church St, Rockford IL 61103

**Phone:** 815-964-5520

**Services:** Daytime drop-in social groups for individuals with mental illness.

#### **NAMI Northern Illinois**

**Address:** P.O. Box 6971, Rockford IL 61125

**Phone:** 815-963-2470

**Services:** Provide education, offer supports and resources for early intervention, crisis stabilization, and long-term stabilization.

#### **Narcotics Anonymous (NA) Meetings**

**Phone:** 815-964-5959

**Website:** [www.na.org](http://www.na.org)

**Services:** Free group meetings to support individuals seeking sobriety.

#### **Total Health Awareness Team**

**Address:** 218 7<sup>th</sup> St, Rockford IL 61104

**Phone:** 815-961-1269

**Services:** Provides counseling, HIV testing, needle exchange, and condoms to prevent transmission of HIV and other sexually transmitted diseases.

## Employment Resources & Services

### Employment Training & Workforce Development

#### **Workforce Connection**

**Address:** 530 S. State St., Belvidere, IL

**Phone:** 815-547-9616

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**Services:** Offers training and other supports to help individuals obtain employment. Helps connect job seekers to available jobs in Northern Illinois.

### **RAMP**

**Phone:** 815-968-7467

**Addresses:** Building 1 on the First floor 2300 North Rockton Rockford, IL 61103

**Website:** <https://rampcil.org/>

**Services:** Working to build an inclusive community that encourages individuals with disabilities to reach their full potential. Offers information & referral, peer support, and independent living services.

### Unemployment

To file a claim, you can either call the Illinois Department of Employment Services (IDES) at 800-244-5631 or 886-488-4016 or submit your claim on the IDES website at:

<https://www2.illinois.gov/ides/aboutides/Pages/10%20Things%20You%20Should%20Know.aspx>.

### Employment Rights, Workplace Health & Safety, & How to Seek Help

**Workplace Rights Bureau:** Under the Office of the Illinois Attorney General, the Workplace Rights Bureau protects and advances the employment rights of all Illinois residents, particularly workers at high risk of exploitation and abusive employment practices. The Bureau also provides education and outreach for community groups, unions, and businesses to help them better understand employment rights in Illinois. For more information visit this page: [https://illinoisattorneygeneral.gov/rights/labor\\_employ.html](https://illinoisattorneygeneral.gov/rights/labor_employ.html)

**Filing complaints:** If your employer is not providing a healthy and safe workplace, you should file a complaint using the numbers or online forms:

1) Workplace Rights Hotline: Call 1-844-740-5076 or use the complaint form found at:

[https://illinoisattorneygeneral.gov/rights/labor\\_employ.html](https://illinoisattorneygeneral.gov/rights/labor_employ.html)

2) Illinois OSHA: Public sector employees can file a complaint online with Illinois OSHA:

<https://www2.illinois.gov/idol/Laws-Rules/safety/Pages/Hazards.aspx>

3) Federal OSHA: Private sector employees can call 1-800-321-OSHA (6742) or use the complaint form online at: [www.osha.gov/pls/osha7/eComplaintForm.html](http://www.osha.gov/pls/osha7/eComplaintForm.html)

## Community Services & Resources

### Food Pantries & Essentials

#### **BI Food Pantry**

**Address:** 1105 7<sup>th</sup> Ave., Belvidere, IL

**Phone:** 815-544-3906

**Services:** Provides Food and Household Essentials for Residents of Boone County- Thursday 1pm to 3pm. Also offers public service work by appointment.

#### **Compassion Closet First Presbyterian Church**

**Address:** 221 North Main St., Belvidere, IL

**Phone:** 815-544-6402

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**Services:** Provides Food and Household Essentials for Boone County Residents. Open 3:30 pm To 5:00 pm Thursdays - (Closed 5<sup>th</sup> Thursday).

### **Empower Boone County Food Pantry**

**Address:** 200 5<sup>th</sup> St., Capron, IL

**Phone:** 815-569-1571

**Services:** Provides Free Food and Essential Household Items, Including Infant Essentials and Food for Household Dogs and Cats. Provides Free Clothing for Individuals. This Pantry provides these Items of Need to anyone living in Northern Illinois. ID's are required by Recipients. Monday 8 am To 4 pm, Tuesday 8 am To 2:30 pm, and Thursday 8 am To 4 pm. Pantry also offers public service work.

### **Rock River Valley Pantry**

**Address:** 421 Rockton St., Rockford IL 61102

**Phone:** 815-965-2466

**Services:** Emergency food assistance

### **Salvation Army Belvidere**

**Address:** 425 S Main St., Belvidere, IL

**Phone:** 815-544-3892

**Services:** Assisting Families in Boone County, IL with Food and Household Items, and Helps with Monthly Rent and Bills for Families in Need. Open 9:15 AM To 11:15 AM (1<sup>st</sup> Wednesday of the Month).

### **St. John's United Church of Christ**

**Address:** 401 N. Main St., Belvidere IL

**Phone:** 815-544-3773

**Services:** Helps with Household cleaning and hygiene supplies through Paper Angel Closet. Households can sign up twice a year by calling the church or by filling out the at <https://stjohns401.org/paper-angel-closet> and emailing it to [stjohnsucc401@gmail.com](mailto:stjohnsucc401@gmail.com).

## Housing

### **Boone County Housing Authority**

**Address:** 505 South State St., Belvidere, IL

**Phone:** 815-544-0084

**Services:** low income housing, rental vouchers

### **City of Rockford single Point of Entry**

**Address:** 412 N Church, Rockford IL 61103

**Phone:** 815-964-5520

**Services:** Connecting homeless individuals to housing

### **Jackson St Townhouse**

**Address:** 619 Garden Dr., Belvidere IL 61008

**Phone:** 815-544-6263

### **Green Farm Townhouses**

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**Address:** 1574 W 6<sup>th</sup> St., Belvidere IL 61008

**Phone:** 815-544-0390

### Benefits and Social Assistance

#### **DHS office (for Boone County Public Aid)**

**Address:** 171 Executive Pkwy, Rockford, IL

**Phone:** 815-987-7620

**Website:** Signing up for Medical and SNAP benefits online: <https://abe.illinois.gov/abe/access/>

**Services:** Provides Medicaid benefits and SNAP benefits for residents of Boone County, IL, who qualify.

#### **Social Security Office (For Boone County Residents) Rockford Social Security Office**

**Address:** 502 E. Jefferson St., Rockford, IL

### Direct Services & Additional Resources

#### **Community Action Agency of Winnebago and Boone**

**Address:** 555 N. Court St., Rockford IL 61103

**Phone:** 844-710-6919

**Services:** Services for homeless, Low Income Home Energy Assistance Program (LIHEAP) Summer Food program

#### **Department of Rehabilitation Services**

**Address** 171 Executive Parkway Suite #3, Rockford, IL

**Phone:** 815-967-3725

**Services:** Provides services for disabled/special needs, home services, vocational rehab

#### **MotherHouse**

**Address:** 1603 S 4<sup>th</sup> St., Rockford IL 61104

**Phone:** 815-962-4858

**Services:** 24 hour day/night crisis nursery ages 0-6. Homelessness, domestic violence, medical issues, emergency child care for up to 72 hours.

#### **Safe Link**

**Phone:** 1-800-SAFELINK

**Website:** [www.safelink.com](http://www.safelink.com)

**Services:** Phone service for low income families

#### **YWCA**

**Phone:** 815-484-9448

**Address:** 4990 E. State St., Rockford, IL 61108

**Website:** <https://www.ywcanwil.org/>

**Services:** child care programs for low income individuals

### Veteran Resources & Services

#### **Rockford VA Primary Care Clinic**

**Address:** 816 Featherstone Rd, Rockford IL 61107



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**Phone:** 815-227-0081

**Services:** Veteran Assistance

### **Veteran's Assistance Commission**

**Address:** 175 Cadillac Ct, Belvidere, IL 61008

**Phone:** 815 544- 6464

**Website:** <https://vacbc.org/>

**Services:** To provide needed services to eligible veterans and families such as advocacy services, medical assistance, and referral services.

### Legal Assistance & Related Resources and Services

#### **Prairie state Legal Services**

**Address:** 303 N Main, Rockford IL 61103

**Phone:** 815-965-2902

**Services:** Legal representation for low income

#### **Might X Ministries**

**Address:** 4721 S Main St., Rockford IL 61102

**Phone:** 815-964-8000

**Services:** Post-prison program to restore ex-offenders (classes with child-care)

#### **Rockford Alliance Against Sexual Exploitation (RAASE)**

**Phone:** 888-823-2364

**Services:** RAASE seeks to end the demand for sexually exploited individuals through preventative measures, survivor protection, accountability of violators, and community engagement.